



THE COMPASSIONATE FRIENDS INC.

International Organization Offering Friendship and Understanding to Bereaved Parents

MIAMI COUNTY CHAPTER NO.1870

February 2023 NEWSLETTER Vol. 31 No. 1

Facebook page "The Compassionate Friends of Miami County Ohio Chapter 1870".

Chapter Leader: Kim Bundy, 1870 Westwood Rd, Troy, OH 45373/573-9877 kbundy@tcf@gmail.com
Editor: Jackie Glawe, 2445 N. Mntgmy Co. Line Rd., Tipp City, OH 45371/478-3318 im4song@aol.com

National Office - THE COMPASSIONATE FRIENDS, INC. - 48660 Pontiac Trail #930808 Wixom, MI 48393 - Ph. (630) 990-0010 or toll free (877) 969-0010 www.compassionatefriends.org - e-mail: nationaloffice@compassionatefriends.org.

Newly Bereaved...Burden of Grief

*As I struggle with words to find
answers
Reading and writing my pain
The pages grow blurred before eyes
that are tired
From this crushing emotional drain.
The relief that comes from the writing
Parallels what I feel when I read
To open myself to the torture of loss
Seems to soothe this unbearable need.
There's no pleasure in life at this
moment
It's an effort to get through the day
And I labor to stay above water...
But the shoreline is so far away.
So I pick up a pen or a book about
grief
And it serves as a raft for a while.
And I hope, as my tears fall on pages
of pain
That I'll learn once again how to smile.
As I swim toward the shore of
acceptance
I pray for the peace of belief
That heaven's your home and you're
waiting for me
Then I'll finally be free of this grief.*

*~Sally Migliaccio
TCF Babylon, NY
From Tracey, An extraordinary Child*

Meetings are being held at:
Zion Lutheran Church
14 W Walnut St
Tipp City, OH 45371

(entrance by parking lot on W. Walnut St., handicap accessible)

Next Meeting: Feb 23, 2023

7:00 pm

Topic: Discussion Cards



***Thank you to Kim Bundy, the
Steering Committee and all who
helped make the Children's
Candlelight Memorial a beautiful
remembrance.***

*Additional thank you to Debbie & Randy
Turner for donating the meat in memory
of their daughter, Leslie.*

*Cindy & Steve Glaser for the carnations
in honor/memory of their son Andy's Dec
20th birthday.*

*Ron Ladd for the chicken in memory of
his two sons, Mike & Billy.*



Our chapters current leader Kim Bundy was presented with a personalized butterfly bag at the Compassionate Friends of Miami County meeting January 26th. Kim has been leading our chapter and providing free hugs for 13 years in memory of her son Randy. We appreciate you Kim!

Kim also leads the Steering Committee of the Chapter. The Steering Committee is made up of various bereaved parents from the chapter that meet together to discuss upcoming meeting topics, ideas and special events. The Steering Committee is always looking for new ideas for meetings as well as more parents to be part of the meeting. If you have a topic that you would like to have discussed at a meeting and/or you would like to attend a Steering Committee meeting please contact Kim Bundy or Cindy Glaser. You can also send your idea to the newsletter editor listed on the front page.

Chapter Library Book Review by Jackie Glawe, (Jordan's mom)



"ANDREW, YOU DIED TO SOON" By Corinne Chilstrom

The author and mother of Andrew tells the heart's story: the love for her son which had to continue without that son; the embrace of speechless grief and of a murmuring, speaking community; the deep, spiritual events that occurred for her and her family when one son took his life. It is the author's intent that reading this will be an experience which enhances life; one which will help make the encounter with grief not only more bearable, but actually growth-producing. Readers will find here therapy, catharsis, understanding, and even fresh grounding for faith, hope, and love--hope, being at such times and momentarily, "the greatest of these."

This was one of the books I read in the first couple years of my grief. It still is one that gives me some comfort and acknowledges my feelings. Even though my child was killed in a car accident, it doesn't matter the circumstances of your child's passing for you to receive comfort from this book. This book is available in our chapters library.

The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing... not healing, not curing... that is a friend who cares.~Henri Nouwen

NEED TO TALK TO SOMEONE?

A listening ear is sometimes the best medicine.

Kim Bundy (suicide)	573-9877
Pam Fortener (cancer)	238-4075
Donnie Fortener (cancer)	760-2238
Pam Fortener (siblings)	238-4075
Cathy Duff (auto accident)	473-5533
Jackie Glawe (auto accident)	478-3318

The Compassionate Friends is about transforming the pain of grief into the elixir of hope.

It takes people out of the isolation society imposes on the bereaved and lets them express their grief naturally.

With the shedding of tears, healing comes.

And the newly bereaved get to see people who have survived and are learning to live and love again.

-Simon Stephens, founder of the Compassionate Friends



When you turn your grief into remembrance, you are magnifying the life of the loved ones you lost and allowing other people to get to know them in some way. ~unknown

CHAPTER NEWS

Upcoming meetings:

Feb - Discussion topic cards

Mar - TBA

IN SEARCH OF:

Poems and/or Stories to share in the newsletter in memory of your child. This can be by you or family and friends, etc.

Thank You for your love gifts!

- ★ James & Marilyn Mitchell for the Love Gift in memory of their son, Michael Mitchell.
- ★ Randi & Carolyn Pearson for the Love Gift in memory of their son, Sam Pearson.
- ★ Dennis & Susan Ream for the Love Gift in memory of their daughter, Kristen Ream.
- ★ Ann Flory for the Love Gift in memory of her daughter, Elizabeth Flory Duff.
- ★ William Weddington for the Love Gift in memory of his son, Rusty Phillips.
- ★ Katherine Russell for the Love Gift in memory of her daughter, Ava Nicole Liskey.
- ★ Lowell & Marilyn Bok for the Love Gift in memory of their daughter, Marlisa Bok.
- ★ Love Gifts should be made out to: The Compassionate Friends and mailed to **Cindy Glaser, 5255 Rudy Road Tipp City, Ohio 45371**. Please send your donation by the 15th of the month prior to the month you want your child remembered in the newsletter.

Our Children Lovingly Remembered

February Birthdays

Child—Parent, Grandparent, Sibling

Alex J. Ritchie - Joel & Diana Ritchie
Amelia Beeman - Peggy Beeman
Brian Swartz - Lisa Swartz
Clifton Alexander - John Alexander
David J. Elam - Danny & Tammy Elam
James C. "Jimmy" Skaggs - James & Bonnie Skaggs
Jeffrey Scott LaCoste - Peggy LaCoste
John A. Brower - Robert & Barbara Brower
Matthew Cameron Ferror - Ken & Louise Ferror
Nick Koleff - Bob & Linda Dils



February Angel-versaries

Child—Parent, Grandparent, Sibling

Brian Patrick "Stew" Stewart - Joel & Connie Kempton
Mark Kurtis O'Dell - Sandy O'Dell
Mark Nordquist - Peggy & Tom Nordquist
Michael Milton Earl Cattell II - Michael & Patricia Cattell
Montgomery Alan "Monte" Mott - DeDe Mott
Robert M. Walters III - Robert Jr. & Penelope Walters
Zachary James Dyer - Rod & Kelley Dyer



December Birthday

Christian Paul Leonhard, Jr.-Christian Leonhard, Sr.

(My apologies that Christian's name was inadvertently omitted from Dec newsletter)

We all know how difficult those "Special Days" can be - birthdays and death anniversary days. Please remember these parents on their special days and let them know that they are not alone; someone cares about their pain and their grief. It means so much to be remembered!

Every effort is made to publish accurate information regarding the birth and remembrance dates. Please let me know if there is an error in the listing, in order to correct our records. If you receive this newsletter and you have not given us the name and dates for your child, but want them listed here, please contact me – Jackie Glawe/Editor, Kim Bundy/Chapter leader or Cindy Glaser/Treasurer

When we come together as The Compassionate Friends, we find support, community, and common ground.

~Pamela Hagens, Samuel's Mom

(The Compassionate Friends website)

A Thousand Little Moments

A thousand little moments
each and every day
remind me of all the things I lost
the day you went away

A thousand little moments
each and every day
remind me of the pain I feel in my heart
that never fades away

A thousand little moments
each and every day
remind me of the piece of my soul
that you took with you that day

A thousand little moments
each and every day
remind me of the time we've lost
and the games you'll never play

A thousand little moments
each and every day
remind me of all the memories we never got to make
and all the words I never got to say

But a thousand little moments
each and every day
also remind me of all the things I've gained
in the short amount of time you got to stay

A thousand little moments
each and every day
remind me of the love I hold within my heart
that will never fade away

A thousand little moments
each and every day
remind me that the missing piece of my soul will be
restored
when we meet again on my final day

A thousand little moments
each and every day
remind me to be thankful for the time we had
and reassure me that you hear my words every time I
pray

And a thousand little moments
each and every day
remind me that I am one moment closer to the day
that I'll once again see your smiling face

~Tracy Smith
In Memory of my niece Madison Lynne Smith

~Sunday Lee Stanton, TCF, Wyoming Valley
Chapter, PA. (STAGES Summer, 1997)

**Facebook support groups:****Bereaved Sibling Support Group**

Offering support after a loss of a sibling at any age

Sibling Grief – The loss of a brother or sister**Life after the loss of a sibling****Loss of a special needs sibling**

(These are just some examples of Sibling loss support groups on facebook. These are not ran by TCF and I have not had personal experience with them. If you are not an adult, check with your parent before joining any group.)



**The
Compassionate
Friends**

Miami County Chapter

Supporting Family After a Child Dies

2445 N Montgomery County Line Rd
Tipp City OH 45371

RETURN SERVICE REQUESTED

The Compassionate Friends is a self-help organization which offers support to families who have experienced the death of a child. Only a person who has experienced the trauma of losing a child can fully understand the pain and suffering involved.

We gather to listen) to share) and to support each other in the resolution of our grief. We need not walk alone. we are The Compassionate Friends.

MISSION STATEMENT ... The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.

If you are receiving our newsletter for the 1st time,

it is because someone told us that you might find it helpful. To find out more about The Compassionate Friends, please call our Chapter Leader, Kim Bundy (937) 573-9877. We cordially invite you to our monthly meetings held on the fourth Thursday of each month. Nothing is ever expected of you. You don't have to speak a single word. Parents who do attend, find comfort, support, friendship and understanding from others who have also lost a child. You do not have to come alone - bring a family member or friend with you.

You need not walk alone!



IF YOU ARE RECEIVING THIS NEWSLETTER, AND WISH TO HAVE YOUR NAME REMOVED FROM OUR MAILING LIST, PLEASE CALL OR TEXT (937) 478-3318 AND LEAVE A MESSAGE.

Thank you.